

STRENGTHEN YOURSELF DAILY

I strengthen myself in You, LORD,¹ in You I have righteousness and strength!²

Please forgive me of my sins, FATHER, please apply the blood of Jesus over me; He is faithful and just to forgive me and to cleanse me from all unrighteousness.³ I release my prisoners and forgive each one by name, knowing that if I don't forgive others, I will not be forgiven.⁴

Who can understand their errors? Cleanse me from secret faults; keep me away from presumptuous sins; let them not have dominion over me.⁵

Set a guard over my mouth, O LORD⁶ ~ Let the words of my mouth and the thoughts in my mind be acceptable to You, my Strength and my Redeemer.⁷

Search me, O God, and know my heart ~ test me and know my thoughts; see if there be any wicked way in me and lead me in the way everlasting.⁸

I take every thought captive to the obedience of Jesus⁹ right now... my pride, anger, fears, anxieties, opinions, motives, presumptions, complaints, expectations, vain imaginations, irritations, prejudices and everything that exalts itself above You. *When you have my thoughts, I can hear Your voice more clearly!*

I will not fear. What can man do to me? You are on my side!¹⁰ You have not given me a spirit of fear, but of love, power and a sound mind.¹¹

I cast all my cares upon You, LORD, because I know You care for me.¹² I give you my health, my relationships, my finances, my _____

... and I take joy in You, in place of my cares ~ for the joy of the LORD is my strength!¹³

FATHER, You keep my tears in Your bottle, You number my wanderings¹⁴; before a word forms on my lips, You know it altogether. You knit me together in my mother's womb. Today and all the days of my life are written in Your book.¹⁵

(I belong to You, LORD, simply because You deliberately chose to create me as the object of Your affection!²⁹)

The Name of LORD is a strong tower! I run into it and I am safe!¹⁶

The LORD is my light and my salvation, whom shall I fear? The LORD is the strength of my life, of whom shall I be afraid?¹⁷

I say to my soul: Be strong and courageous _____! Your God is with you wherever you go!¹⁸ Be strong in the LORD and in the power of His might!¹⁹

With patience, I possess my soul.²⁰ Jesus, I will keep the Word of Your patience!²¹

I will wait on the LORD ~ I will be of good courage and He will strengthen my heart.²² I know when I wait on Him, I will renew my strength,²³ because He gives me power to increase my strength!²⁴

I choose to trust in You, LORD, with all my heart today!²⁵ I know I can do everything I need to do today through Your Son, Jesus, Who is my strength!²⁶

Whom have I in heaven but You? I desire You more than anything on earth. My health may fail, and my spirit may grow weak, but You, LORD, remain the strength of my life. *YOU ARE MINE FOREVER!*²⁷

THINK:

I will think on things that are: True, Honest, Just, Pure, Lovely, of Good Report, Virtuous & Praise-Worthy²⁶

SING!

Strength for today and bright hope for tomorrow
Blessings all mine with ten thousand beside
Great is Thy Faithfulness!
Great is Thy Faithfulness!
Morning by morning new mercies I see
All I have needed Thy hand hath provided
Great is Thy faithfulness, Lord unto me!

Scripture References

- ¹ Isaiah 35:3
- ² Isaiah 45:24
- ³ 1 John 1:9
- ⁴ Matthew 6:14,15
- ⁵ Psalm 19:12-13
- ⁶ Psalm 141:3
- ⁷ Psalm 19:14
- ⁸ Psalm 139:23-24
- ⁹ 2 Corinthians 10:5
- ¹⁰ Psalm 118:6
- ¹¹ 2 Timothy 1:7
- ¹² 1 Peter 5:7
- ¹³ Nehemiah 8:10
- ¹⁴ Psalm 56:8
- ¹⁵ Psalm 139:4, 13, 16
- ¹⁶ Proverbs 18:10
- ¹⁷ Psalm 27:1
- ¹⁸ Joshua 1:9
- ¹⁹ Ephesians 6:10
- ²⁰ Luke 21:19
- ²¹ Revelation 3:10
- ²² Psalm 27:14
- ²³ Isaiah 40:31
- ²⁴ Isaiah 40:29
- ²⁵ Proverbs 3:5
- ²⁶ Philippians 4:13
- ²⁷ Psalm 73:25-26
- ²⁸ Philippians 4:8-9
- ²⁹ Phillip Keller, *A Shepherd Looks at Psalm 23*; Page 5

Please make copies of this (double-sided) and share with others so we can all be strong in the LORD!